

## Contents of Take Shape for Life Application Paks

Join TSFL as a Health Advisor for \$99 or join as a Fast-track Health Advisor for \$299

### Option A: Application Pak - \$99.00

#### Take Shape for Life Application Pak

*Health Advisor Manual*  
*Welcome Letter*  
*Code of Ethics*  
*Business Mission Statement*  
*Packet instruction sheet*  
*How to do business with TSFL*  
*Policies and Procedures*  
*Compensation Plan*  
*Business Development Tools information*  
*Program protocol guide*  
*Product information and nutrition guide*  
*FAQ's*  
*Basic Competency Exam*  
*25 TSFL product order forms*  
*TSFL Application and Agreement*  
*Sample Tasting invitation*  
*Sample Tasting order form*

*The Optimal Health Presentation and instructions*  
*Optimal Health Assessment Pad*  
*TSFL Program and Business Opportunity DVD*  
*TSFL Tasting Manual*  
*TSFL Guide to Success Manual*  
*TSFL Business Overview Manual*  
*TSFL Health Advisor Workbook*  
*5 TSFL Quick Start Guides*  
*5 TSFL Product Catalogs*  
*TSFL Program Brochures (25 pack)*  
*2 Months free online back office access*  
*Co-branded e-commerce websites*

### Option B: Career Builder's Pak - \$299.00

The optional Career Builder's Pak *gives you **everything included in the Application Pak*** plus marketing and training materials and Medifast food samples.

This pak is designed to help you fast-track your business and as a Fast-track Health Advisor you also get:

- **Immediate 20% commission status**
- **Reduced 30-day CAB Requirement**  
(5 Customers/Advisors & \$1000)
- **Permanent "Assist Bonus Qualified" status**

**Over \$400 in value for just \$299!**

#### Marketing & Training Materials - \$360.00

*Business Builders Messenger/Laptop Bag*  
*Media Advertisement Kit*  
*25 TSFL Program and Business Opportunity DVDs*  
*TSFL Program and Business Opportunity VHS*  
*25 Career Opportunity Booklets*  
*25 TSFL Handouts*  
*Laminated BMI Quick Start Chart*  
*TSFL Recipe Guide*  
*25 Johns Hopkins Study Abstracts*  
*25 Johns Hopkins Diabetic Study Abstracts*  
*"Success in a Shaker Jar"*  
*"Lifestyles Patient Guide"*  
*25 Taking Shape Newsletters*  
*25 Health Highlights Newspapers*  
*20 TSFL Quick Start Guides*  
*20 TSFL Product Catalogs*  
*Additional 4 Months (total of 6) of free online back office access*  
*\$50 Certificate towards the Health Advisor Certification*

#### Product Samples - \$25.00

*Dutch Chocolate 55 Sample (2)*  
*French Vanilla 70 Sample (2)*  
*Banana Blitz 55 Sample (2)*  
*Caramel Nut Bars (2)*  
*Oatmeal Raisin Bars (2)*